

City of Yonkers

Department of Parks, Recreation & Conservation
285 Nepperhan Avenue | Yonkers, NY 10701



SPRING/SUMMER 2022

Community Recreation



yonkersny.gov
register.communitypass.net/yonkers





MISSION STATEMENT

The Department of Parks, Recreation and Conservation operates and maintains, in partnership with the residents and visitors, a recreational system which enriches the quality of life for the present and future generations in a safe, enjoyable and affordable environment.

GUIDING PRINCIPLES

- Commits to serving and providing recreational opportunities to the best of our ability with respect and courtesy
- Encourages team work and mutual support with our employees and volunteers
- Provides stewardship of the City's Park Facilities



Mayor Mike Spano

CITY OF YONKERS

YonkersNY.gov

Dear Resident:

Thanks to our Yonkers Parks Department, there is something for everyone to enjoy this season. With winter in our rearview, the next few months will highlight the beauty that is our Yonkers Parks.

See what Westchester County's largest city and now New York's 3rd largest city has to offer. I guarantee you will be pleasantly surprised with the abundance of activities in store for those of all ages to enjoy, especially in the spring and summer seasons. In addition, to the different varying features in all of our parks, there are a number of upgrades and improvements at some of our neighborhood parks that I am excited for you and the whole family to enjoy.

This past year we unveiled a new and improved basketball court at H. Boo Wilson Park, a brand new state-of-the-art soccer mini-pitch at Stefanik Park, and unveiled a new fitness center at Coyne Park for those of all ages to come and enjoy.

In addition to visiting each of our parks, I hope you consider taking advantage of some of our planned programs and events. The City's annual Film & Concert Series was a hit major hit last year, and I am proud to share it's back by popular demand. Now entering its 5th summer, our bands and movies have made the Film & Concert Series one of the highlights of our City's summer months. I hope you enjoy our evenings of family movies and concerts throughout the 78 different parks in Yonkers.

Also, Camp Rays is once again back and continue to grow by leaps and bounds! Open to children ages 5 through 14, this six-week camp runs from July 5 to August 12 and features fun field trips, indoor and outdoor sports, water activities, and much more. Registration for Camps Rays, Camp Pride, and our Pre-K Summer Camp is now open. Boating season is also just around the corner, and we've got four-and-a-half miles of beautiful waterfront for you to explore here in Yonkers. You can launch boats, jet skis, kayaks and canoes from our very own JFK Marina. One-day permits and annual permits are more affordable than ever.

This spring and summer take the time to explore all that Yonkers has to offer. Whether you're enjoying a night out watching a movie with the family or attending a ball game, let's all have time together!

To learn more about our programs and facilities, visit us online at www.YonkersNY.gov/Parks. If you ever have a question or concern, please don't hesitate to call my 24-hour helpline at 914-377-HELP (4357) or email our Parks Department directly at Parks@YonkersNY.gov.

For the latest news and updates, be sure to follow us on Twitter or Facebook at @CityofYonkers and @MayorMikeSpano.

Have a great spring and summer,

MIKE SPANO
Mayor



cityofyonkers
mayormikespano



mayormikespano



cityofyonkers



@cityofyonkers914

message from **MAYOR MIKE SPANO**

Be Part of YONKERS THIS SPRING



STEFANIK PARK

With an investment of over \$250,000 Coyne and Stefanik Park now have state-of-art fitness equipment.



JFK MARINA & PARK

You can launch kayaks, canoes and motorized boats from JFK Marina on our beautiful Hudson River! Permits are available at the Marina and credit cards are now being accepted.



YONKERS MARATHON

In its 95th year, the Yonkers Marathon travels through the scenic hills of Yonkers and along the majestic Hudson. Registration has begun at YonkersNY.gov.



CITY COUNCIL

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Corazon Pineda-Isaac, 2nd District
Tasha Diaz, 3rd District
John Rubbo, 4th District
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Eileen Sullivan - Rink Manager

YONKERS ANIMAL SHELTER

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Animal Control Officer
Anthony Vezzuto
Deputy Animal Control Officer

COYNE PARK RIFLE RANGE

Christopher Rotolo
Range Officer

General Information

City of Yonkers Department of Parks, Recreation and Conservation
285 Nepperhan Avenue, Yonkers NY 10701

Monday - Friday 8:30 am to 4:30 pm, 914-377-6450

REGISTRATION: Registration is on a first-come, first-served basis until programs are full. **MAIL-IN REGISTRATION IS NOT ACCEPTED.**

PAYMENT OPTIONS: We only accept a Cashier's Check, Money Order, Visa, MasterCard, and Discover Card. No cash is accepted.

ONLINE REGISTRATION: The best way to maximize your chance of securing a spot in any program is to register online as soon as registration begins. You can make a online payments using Visa, MasterCard or Discover Card.

COVID 19 RESTRICTIONS: All current CDC guidelines must be followed. Masks/face coverings are required indoors for all programs until further notice.

AGE REQUIREMENTS: Age is determined as of the date of the first class unless otherwise specified. An adult class is for ages 18 years and older.

ABSENCES: Classes are not made up due to a participant's personal absence. Classes cancelled to inclement weather will be rescheduled. We reserve the right to reschedule classes on an as-needed basis.

REFUND POLICY: Full refunds will be issued for any program cancelled by the Department of Parks, Recreation and Conservation (Parks Department). Full refunds will be issued for a medical reason before a program begins when accompanied by a doctor's note. After a program begins, a pro-rated refund will be issued based on the number of sessions attended, when accompanied by a doctor's note. The Parks Department will grant a refund request if received at least ten (10) business days before the program's first session. Refunds for trips will not be granted unless the spot can be filled from the waiting list. Ten dollars (\$10) or ten percent (10%) of the fee, whichever is higher, will be charged for processing refunds that are approved. Please allow several weeks for processing refunds. Bounced checks and credit card charge cancellations will carry a \$35 processing fee.

INCLEMENT WEATHER: The best way to receive quick and accurate information about program cancellations is to call the Parks Department Hotline at 377-6454 or listen to WFAS. Please make sure we have your most updated email address in your Community Pass registration account to receive programming updates and cancellation notices.

SINCERE APPRECIATION: We would like to thank the Yonkers Public Schools for the use of their facilities and appreciate the efforts of their staff.

SPECIALISTS NEEDED: If you have a special skill and would like to teach a class for the Parks Department, please call 377-6436.

PROGRAM BEHAVIOR: Participants are expected to exhibit appropriate behavior at all times. The following rules make programs safe and enjoyable for everyone. Participants shall show respect to all participants and staff. Refrain from using foul language. Refrain from causing bodily harm to other participants and staff. Show respect for equipment, supplies and facilities. The City of Yonkers reserves the right to remove anyone from our programs.



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For information call 377-6469

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The Parks Department is now offering a limited number of scholarships for our Camps, Skating, and Aquatics Programs. For more information, please visit www.yonkersny.gov/parks or call 377-6436.



Permit Division

The Permit Division is responsible for issuing permits for a wide variety of recreational activities. All permits can be obtained by visiting www.yonkersny.gov/parks. Click on "Forms & Permits" on the left hand side of the screen.

INDOOR PERMITS are required for all Board of Education Facilities and our Community Centers. Board of Education and Indoor Permit applications are available August 1 and due September 30. For additional information please call 377-6438.

OUTDOOR PERMITS are required for activities or events held at all parks facilities. Permits are required for all tournaments, the turf fields at Fleming and Pelton Fields and the picnic facilities at Redmond Park and the JFK Marina. **NOTE:** The Redmond Pavillion will be unavailable for the beginning of the 2022 picnic season. Spring and Summer outdoor field applications are available on March 1. Spring permit applications are due April 1. Summer permit applications are due on June 1. Fall outdoor applications are available August 1 and due September 1. For additional information please call 377-6440.

MOBILE CONCESSIONS PERMITS are required and obtained through the Parks Department. For additional information on Mobile Concession Permits please call 377-6440.

LIBRARY SPECIAL EVENT APPLICATIONS are available year-round. For additional information please call 375-7947.

SPECIAL EVENTS PERMIT APPLICATIONS are required for events held within the City of Yonkers. This includes any event that will preempt normal use of city space by the general public. For additional information please call 377-6427.

WEDDING CEREMONY/PHOTOS A permit is required to take photographs and videos inside beautiful and historic Untermyer Park, located at 945 North Broadway (see photo, top right). Applications are available March to November. For additional information please call 377-6427.

COMMERCIAL VIDEO & PHOTO PERMITS are required for any filming in Yonkers. For additional information please call 377-6059.

JFK MARINA - ANNUAL AND DAILY PERMITS Daily and annual permits are available at the marina.

Season begins March 2022 till October 2022

The JFK Marina is located off Warburton Avenue on John F. Kennedy Memorial Drive. Boat launching is available by permit from dawn to dusk, seven days a week for an Annual Resident/ Non-Resident Fee of \$50/\$100 for Canoe or Kayak, \$150/\$300 for Jet Ski, and \$200/\$400 for Motorized Boats and Watercrafts. Day passes are also available on location for Residents/Non-Residents as follow: \$10/\$20 for Canoe or Kayak, \$20/\$40 for Jet Ski, \$30/\$60 for Motorized Boat or Watercrafts. Parking Fees: Friday – Sunday and holidays. Resident: \$5, Non-Resident: \$10. For additional information call 377-6427.



Special Recreation Events

Spring Track Races

Boys & Girls, Ages 4-14

Races will take place at Roosevelt High School Track

Saturday, April 30th, 8:30 AM

Saturday, May 7th, 8:30 AM

Saturday, May 14th, 8:30 AM

Saturday, May 21st, 8:30 AM

For additional information call 377-6442.



Thursday & Friday Evenings

Kickoff Thursday, June 30th at 7 PM

Cerrato Park featuring Total Soul

July & August at a local park near you beginning June 30th

For additional information please call 377-6450.

Yonkers Idol Finale

Come support Yonkers youth at the grand finale of weeks of practice on Saturday, June 25th at Untermeyer Park and gardens, 945 North Broadway

Free Admission • Show starts at 4:30 PM

For additional information call 377-6444.

Yonkers Parks Day

Saturday, July 16 from 1:00 - 5:00 PM

Location TBD

Free Admission • Join us for a fun afternoon filled with family friendly activities, music, and more.

REGISTER ONLINE • register.communitypass.net/yonkers

ONLINE REGISTRATION BEGINS AT 7:00 PM



Residents: Wednesday, April 13 at 7:00 pm

Non-residents: Wednesday, April 20 at 7:00 pm

- Soccer Camp March 1
- Pre-K Sports March 1
- Adult Recreation April 13
- Pre-K Summer Camp April 20
- Youth Recreation April 20
- Little Learners Fall Pre-K July 20

Camp Pride & Project Friendship: Please call 377-6438 for additional information.

Registration for Senior Citizen Centers and Senior Specialist Classes is on-going and on a walk-in basis.

SPRING Swim Program has started.

Please review online registration schedule for updates.

Swim Placement: TBD

Online Registration: TBD

Swim Placement Requirements: If your child has not participated in our program, you must bring them to Swim Placement for correct assessment for our swim classes, unless you know they are White/Red (Beginner) in Starfish Swim School, StarBabies, StarTot, and Swim School for Preschool, Teens and Adult swim classes. Please look at class description online for start date.

Register Online at

<https://register.communitypass.net/yonkers>

Community Pass Registration Service

Register yourself or your entire family for recreation programs around the clock.

Requirements

You must pay with a Visa, MasterCard or a Discover Card, and need a valid e-mail address.

Setting Up An Account

Go to <https://register.communitypass.net/yonkers> Click on: "Create an Account" at bottom of screen and complete the account form. Make note of your user name and password.

To Add More Family Members

Click on "View Account" under useful links. Then click either "Add Child" or "Add Adult." After you have added your family members, click "Home."

On Registration Day

- STEP 1.** Go to <https://register.communitypass.net/yonkers> Log in using your username and password. Click on "Register Now." Select a Season or Activity.
- STEP 2.** On the next page update any information for the primary contact and/or click "Continue."
- STEP 3.** On the next page select the "Group" at left. You can view full information about a program by clicking on the name of the program or register immediately by clicking on the "Add to Cart" button.
- STEP 4.** On the "Select Participant" page, click the box next to the person/persons you are registering, and then click "Continue."
- STEP 5.** On the "Registration Forms" page, enter the required information and then click "Continue."
- STEP 6.** If finished, click on the "Continue to Checkout" button and follow the remaining instructions to complete and pay for your registration. If you are not finished, click on "Continue Registering." Confirmation will be sent via e-mail receipt.

How to Avoid Cancellations

Please register in advance to avoid program cancellations. Certain numbers must be achieved in order for a program to move forward. Every effort will be made to avoid canceling a program, however, if this does occur, an announcement will be made in advance of the first meeting date.



Spring & Summer Community Events

Memorial Day Parade & Ceremony

Ceremony: Monday, May 30 at 9:00 AM
War Memorial Monument on South Broadway, in front of City Hall

Parade: Monday, May 30 at 6:00 PM
McLean Avenue, from Stillwell Park (opposite St. Barnabas School)
to the Charles N. Bajart Post, 840 McLean Avenue
with ceremony at the Bajart Post

Yonkers Paddling & Rowing presents RiverRiders

Wednesdays & Thursday, June 18 through September 8, 2022 at 4:00 - 7:00 PM (weather permitting)
Free community paddling along with some environmental education at JFK Marina and Park
for more info visit yprcriverriders.com

Untermeyer Performing Arts Council's WorldFest 2022

Saturdays starting at 6:30 pm June 11th through September 10th
at historic Untermeyer Park, 945 North Broadway
Visit www.untermeyer.com for a list of free music and dance events celebrating culture around the world.

For more information on any of the above events, please call 377-6450.





Week #5 – August 1-5
Trip: New York Yankees, Bronx, NY
Week #6 – August 6-10
Trip: Rollerskating BBQ, Murray's Skating Center, Yonkers, NY

Locations

Robert C. Dodson School

105 Avondale Road
Maximum Enrollment: 140

Cross Hill Academy

160 Bolmer Avenue
Maximum Enrollment: 140

Montessori School 27

132 Valentine Lane
Maximum Enrollment: 100

Camp Information

Each camper will enjoy: Participation in softball, soccer, wiffleball, kickball, basketball, water activities, relay races and games, board games, arts and crafts, music and dance, special events, and weekly trips.

Age Requirements

For children ages 5-14. Campers must be 6 years of age by December 31, 2022, and entering the 1st grade in September. Campers may NOT be 15 years of age before August 9, 2022. Any campers over 15 years of age that are interested in being Counselors In Training (C.I.T.) please call 377-6444.

Camp Sessions

Week #1 – July 5-8

Trip: Sprain Ridge Pool, Yonkers, NY

Week #2 – July 11-15

Trip: Dave & Busters OR Sand Box Theatre, Pelham, NY

Week #3 – July 18-22

Trip: Dave & Busters OR Sand Box Theatre, Pelham, NY

Week #4 – July 25-29

Trip: Splashdown Water Park, Fishkill, NY

Days & Times

Monday through Friday

8:00 am – 5:00 PM

All campers must be picked up by 5:00 PM

A late fee of \$30 per 15 minutes will be charged for anyone picked up after 5:00 pm.

Registration Information

Limited space available on a first-come, first served basis. **On-line registration began on Wednesday, April 20 at 7:00 PM for Yonkers residents. Registration for Non-residents begins on Wednesday, April 27 at 7:00 PM.** Registration continues until each site fills. Mail-in registration is NOT accepted. See page 7 for complete registration information.

2022 Camp Rays Weekly Fees

Weekly fee includes weekly trip

Robert C. Dodson School and Cross Hill Academy

Yonkers Resident: \$185.00 – Non-Resident: \$210.00

Montessori School 27

Yonkers Resident: \$170.00 – Non-Resident: \$195.00

Make payments on-line with Visa, Mastercard, or Discover card. **If you register in-person, the only accepted forms of payment will be check, cashiers check or money order.**

All fees are due in full at time of registration.

REFUND POLICY

We will be using the standard Parks Department refund policy that appears on page 5 of this brochure.

For information regarding fees or other questions about Camp Rays please call 377-6444.



2022 CAMP PRIDE

A group-oriented recreation day camp for developmentally disabled children ages 5 to adult. This camp offers art, sports, tennis, swimming, and trips. Breakfast and lunches are included. **Exception:** Breakfast will not be served on the first day of camp. We do not offer a 1:1 staffing ratio. No admission or re-admission to this program is final until determined by the Parks Department.

DATES: **Session 1** - July 5 – July 22
Session 2 - July 25 – August 12

TIME: 9:00 AM – 3:00 PM: Monday through Friday

LOCATION: Kahlil Gibran School, 18 Rosedale Road

FEE: Yonkers Residents \$200 per 3 week session
Non-residents & Group Homes \$400 per 3 week session

NOTE: Transportation is available for residents only. Group homes are not eligible.

REQUIREMENTS: New applicants must be interviewed. Immunization records and an updated physical examination, Individual Evaluation Plan (IEP) and Individual Support Plan (ISP) are required. Campers must also be potty trained. If applicant is on the Medicaid Waiver, authorization and approval letter is required prior to registration. For more information or to schedule an interview please call 377-6438.



PRE-K SUMMER CAMP

Casimir Pulaski School

105 Kings Cross, Yonkers, NY 10583

Paideia School 24

60 Crescent Place
Director: Vickie Spinella

Your children will be introduced to a variety of indoor and outdoor recreation and educational learning experiences through activities such as arts and crafts, music, drawing, and story telling. Water play is optional. Special guests visit each session.

Session 1: July 5 - 22

Session 2: July 25 - August 12

Your child may attend Session 1, Session 2 or both (Attending both entitles you to a discount)

Days & Time: Monday - Friday 9:00 am - 12:00 pm

Fees

Residents: \$290 for one session
\$530 for two sessions

Non-residents: \$320 for one session
\$590 for two sessions

No refunds given once the program begins.

Camp Requirements

Children must be 3-5 years of age by the camp start date and be toilet trained (no diapers or pull-ups). Parents should prepare youngsters by emphasizing that this camp will be a fun experience, with various indoor and outdoor activities, and the opportunity to make new friends. Parents must be prepared to provide a copy of child's birth certificate if requested to do so.

Registration Information

Registration is on a first-come, first-served basis. You can register for this popular camp on-line or in person at the Parks Department. Mail-in registration is NOT accepted. For additional information please call 377-6444.



See registration details on page 7



PRE-K RECREATION

Little Learners Morning Pre-K 2022-2023

Youngsters 3 and 4 years of age are introduced to a variety of recreational and educational learning experiences through activities such as arts and crafts, music, drawing, and story-telling. Activities are designed to develop and enhance the basic principles of sharing, communication, social interaction, and cooperation with peers and adult staff. Children learn about shapes, colors, numbers, letters, good manners, days of the week, seasons of the year, our weather, etc.

Requirements: Children must be toilet trained (no diapers or pull-ups) and be three years old by December 31. Parents are required to present a birth certificate and an immunization record on their child's first day.

MORNING PROGRAMS

Ages: 3 - 4 years

Dates: Week of September 26 through mid June

Time: 9:00 - 11:30 AM

Fee: 5 MORNINGS: \$1950, Non-residents \$2210 - Annual Fee

3 MORNINGS: \$1175, Non-residents \$1335 - Annual Fee

4 CONVENIENT SITES

Bronx River Road Center

680 Bronx River Road | **Teacher: Sheila Bannon**

Monday – Friday - starting September 26

Charles A. Cola Community Center

945 North Broadway | **Teacher: TBD**

Monday, Tuesday, Wednesday - starting September 26

Bernice Spreckman Community Center

777 McLean Avenue | **Teacher: Denise Gulli**

Monday – Friday - starting September 26

Will Library

1500 Central Park Avenue | **Teacher: Sandy Rock**

Monday – Friday - starting September 26

REGISTRATION BEGINS JULY 20

Registration

Registration for this popular program begins Wednesday, July 20 at 8:00 PM.

Create a family account and register 24 hours a day at register.communitypass.net/yonkers.

You can also register in person at the Parks Department Building located at 285 Nepperhan Avenue.

For more information, please call 377-6438. See registration details on page 7.



YONKERS

SPRING & SUMMER USSI SPORTS PROGRAMS



In association with the
Yonkers Department of Parks & Recreation



SPRING WEEKLY CLASSES

Sport	Age	Day	StartTime	EndTime	StartDate	EndDate	Price
Parent & Me Soccer	2 to 3	Wed	9:00 AM	9:45 AM	4/20/2022	6/8/2022	\$130
Soccer	3 to 4	Wed	10:00 AM	10:45 AM	4/20/2022	6/8/2022	\$130
Multi Sports	3 to 4	Wed	11:00 AM	11:45 AM	4/20/2022	6/8/2022	\$130
Multi Sports	2 to 3	Sat	2:00 PM	2:45 PM	4/23/2022	6/18/2022	\$130
Parent & Me Soccer	2 to 3	Sat	3:00 PM	3:45 PM	4/23/2022	6/18/2022	\$130
Soccer	3 to 4	Sat	4:00 PM	4:45 PM	4/23/2022	6/18/2022	\$130
Soccer	5 to 6	Sat	5:00 PM	5:45 PM	4/23/2022	6/18/2022	\$130
Soccer	3 to 4	Sun	2:00 PM	2:45 PM	4/24/2022	6/19/2022	\$130
Parent & Me Multi Sports	2 to 3	Sun	3:00 PM	3:45 PM	4/24/2022	6/19/2022	\$130
Multi Sports	3 to 4	Sun	4:00 PM	4:45 PM	4/24/2022	6/19/2022	\$130
Multi Sports	5 to 6	Sun	5:00 PM	5:45 PM	4/24/2022	6/19/2022	\$130

The Nation's
#1 Name for Sports
Camps & Classes

**REGISTER
TODAY**



SUMMER WEEKLY CLASSES

Sport	Age	Day	StartTime	EndTime	StartDate	EndDate	Price
Parent & Me Soccer	2 to 3	Sat	9:00 AM	9:45 AM	7/9/2022	8/13/2022	\$100
Multi Sports	3 to 4	Sat	10:00 AM	10:45 AM	7/9/2022	8/13/2022	\$100
Soccer	3 to 4	Sat	11:00 AM	11:45 AM	7/9/2022	8/13/2022	\$100
Soccer	5 to 6	Sat	12:00 PM	12:45 PM	7/9/2022	8/13/2022	\$100
Parent & Me Multi Sports	2 to 3	Sun	9:00 AM	9:45 AM	7/10/2022	8/14/2022	\$100
Soccer	3 to 4	Sun	10:00 AM	10:45 AM	7/10/2022	8/14/2022	\$100
Multi Sports	3 to 4	Sun	11:00 AM	11:45 AM	7/10/2022	8/14/2022	\$100
Multi Sports	5 to 6	Sun	12:00 PM	12:45 PM	7/10/2022	8/14/2022	\$100

All classes take place at Scotti Park.

SUMMER SPORTS CAMPS

Sport	Age	Day	StartTime	EndTime	StartDate	EndDate	Price
Multi Sports	8 to 11	Mon	9:00 AM	12:00 PM	8/8/2022	8/11/2022	\$160
Multi Sports	5 to 8	Mon	9:00 AM	12:00 PM	8/8/2022	8/11/2022	\$160
Multi Sports	5 to 8	Mon	9:00 AM	12:00 PM	8/22/2022	8/25/2022	\$160
Multi Sports	8 to 11	Mon	9:00 AM	12:00 PM	8/22/2022	8/25/2022	\$160

Camp held at Welty Park.



Ages 2 -11 | All Abilities | Boys & Girls

SOCCER | T-BALL | and many more!

SAVE ON SPORTS PROGRAMS!

Save \$10 per program, per child, when you
register online. Starting Feb. 2nd to Feb 23rd.
Use code: SS22SALE

CONTACT USSI

Online: USsportsInstitute.com
Phone: (866) 345-BALL
Email: Info@USsportsInstitute.com

YOUTH RECREATION

Pop Stars Dance Camp

Instructor: Silvana Larkin

Campers will shine like their favorite pop stars as they experience jazz and hip hop to age appropriate music. They will play dance games, learn choreography, and work towards a final group performance. Each class is limited to 12 students, with or without experience.

Requirements: Loose clothing/movement clothes (no jeans) and jazz shoes, available at any dance attire store. Barefoot permitted. Bring a water bottle.

Ages: 5 - 11 years, boys and girls

Dates: July 11-22 and August 9-19

Times: Ages 5 - 7, 9:00 – 10:30 AM
Ages 8 -11, 10:30 AM – 12:00 PM

Fee: \$100 for two weeks
Non-residents: \$130

Location: Nodine Hill Community Center
140 Fillmore Street
Inside Fleming Field parking lot



American Safety & Health Institute Certified Baby-Sitting Training (One Day Course)

Instructor: Tabitha Alston

We recognize the importance of being trained to supervise children. Skills such as handling emergencies, giving basic first aid, and caring for children will be discussed. A "Course Certification Card" is issued to those who pass the course. All students receive a Baby-Sitter's Handbook. A light snack is permitted. **Requirements:** Students must be 11-15 years of age at time of registration and **MUST pre-register** for this course according to the schedule below. Each student must bring a baby doll. **PARENTS:** Please arrive at 8:45 AM so the class can start on time.

Ages: 11 - 15 years

Dates: May 14 or June 11

Time: 9:00 am - 1:30 pm

Location: Nodine Hill Community Center
140 Fillmore Street
Inside Fleming Field parking lot

Fee: \$47 for everyone

Supply Fee: \$15 for supplies noted above
(cash only, to instructor at class)



See registration details on page 7

YOUTH RECREATION

Future Stars Basketball Camp

Instructor: Christopher Prestia

Campers will learn and develop the fundamental skills of offensive and defensive play. Proper methods will be stressed and combined to improve their overall game.

Requirements: Sneakers and shorts. Bring a water bottle and a light snack.

Ages: 8 -15 years

Dates: Monday - Friday

Session I - June 27 - July 8

Session II - July 11 - 22

Session III - July 25 - Aug 5

Time: 9:00 AM to 12:00 PM

Fee: Any 1 Session \$200; Non-residents: \$225

Any 2 Sessions \$370; Non-residents: \$420

All 3 Sessions \$520; Non-residents: \$595

Location: Richter Field

Nepperhan Avenue & Reade Street



Tennis Camp

Instructors: Jon Lee & Max Sanchez

Join our two Tennis "Pros" in a socially-friendly camp environment on newly-resurfaced courts. Youngsters will develop fundamental skills through instruction and competition in both singles and doubles play. We've added ages 14 -16!

Requirements: Tennis racquet and sneakers, also please bring your own drinking water and a light snack.

Ages: 6 - 16 years

Dates: Monday - Friday

Time: 9:00 am to 12:00 pm

Session I June 27 – July 8

Session II July 11 – 22

Session III July 25 – Aug 5

Fee: Any 1 Session \$200; Non-residents: \$225

Any 2 Sessions \$370; Non-residents: \$420

All 3 Sessions \$520; Non-residents: \$595

Location: Kinsley Park

Park Avenue at Morsemere Avenue

Rain Site: School 16 Annex - gymnasium



See registration details on page 7



YOUTH RECREATION



Red Bulls YOUTH PROGRAMS

Register now for 2022

Red Bulls Soccer Camps

Learn and master skills in a fun environment designed to keep players invested in their own development long after camp ends.

On-line Registration for Spring and Summer begins January 2022.

ALL CAMPERS RECEIVE

- Adidas soccer ball
- Red Bulls T-Shirt
- Certificate of Achievement signed by the Red Bulls team
- Complimentary ticket to a Red Bulls game at Red Bull Arena

Visit www.newyorkredbulls.com/youth/city-yonkers to learn more and register.

For additional information call 888-370-7287 or e-mail: training@newyorkredbulls.com.

Ages/Time: 6-14, 9:00 am - 12:00 noon (Half Day)
or 7-14, 9:00 am - 3:00 pm (Full Day)

Dates:

SPRING BREAK CAMP

One Week: April 11 - 15

SUMMER CAMP

Week #1 June 27 - 30 4 day camp

Week #2 July 5 - 8 4 days

Week #3 July 11 - 15 5 Days

Week #4 July 18 - 22 5 days

Week #5 July 25 - 29 5 days

Week #6 Aug 29 - Sept 2 5 days Pre-Season Training

Location: Fleming Field soccer complex
Fillmore Street, off Prescott Street



ADULT RECREATION

NEW

Adult Sketch and Paint

Instructor: Diana Capasso

This class offers broad based beginner techniques where you create your own unique works of art by using multiple sketch techniques along with watercolor wax transfer and acrylic painting methods. A \$20 supply fee due first class

Dates: Wednesdays, starting April 20

Time: 6:30-7:30pm

Location: Charles A. Cola Community Center
945 North Broadway

Fee: \$76 for 8 classes, Non-residents \$106

Acoustic Guitar

Instructor: Rob Hall

An introduction to Acoustic Guitar for absolute beginners (no experience) and for players with limited experience. Learn to read and play basic notation, melodies, rhythm, and chords. Students must provide their own acoustic guitars. Maximum 10 students. Extra cash fee due at second class for instruction book.

Dates: Mondays, starting on April 18

Time: 6:00 - 7:00 pm

Location: Bronx River Road Community Center
680 Bronx River Road

Fee: \$95 for 10 classes, Non-residents: \$125

NEW

Vinyasa Yoga Flow Open Level

Instructor: Angela Costanzo Paris

An open level, meditative Vinyasa class to mindfully welcome the weekend. This class is designed to foster and honor the intrinsic intersection of the mind, body, and spirit. We will move! We will also aim to feel our bodies in space and find stillness. All are welcome!

Dates: Saturdays, starting April 23

Time: 8:00-9:00am

Location: Untermeyer Gardens
945 North Broadway

Fee: \$95 for 10 classes, Non-residents \$125

NEW

Yin and Restorative Yoga

Instructor: Patricia Villate

In this 60 minute class we focus on going within to stretch beyond our limits. This gentle guided class is an ideal way to reset and refocus in order to approach life with more balance and flexibility. Please bring a mat and any props you may need.

Dates: Wednesdays, starting April 20

Time: 7:30-8:30pm

Location: Charles A. Cola Community Center
945 North Broadway

Fee: \$95 for 10 classes, Non-residents \$125

See registration details on page 7



ADULT RECREATION

NEW

SlimFit with a touch of Zumba®

Instructor: Lydia Otero

Get Slim, Get Fit with a touch of Zumba, warm up only, and strength training exercises for every part of your body with squats, lunges, crunches, curls, etc. We tone by using Resistance Tubing (provided in class) & Weights (bring your own 2-5 lbs. and a mat or towel). A touch of Zumba is a great way to sample Zumba for the first time. Come join and get SlimFit

Dates: 10 Mondays, starting April 18

Time: 7:00 - 8:00 pm

Location: Charles A. Cola Community Center
945 North Broadway

Fee: \$95 for 10 classes. Non-residents: \$125

Dance Exercise with a touch of Zumba® Fitness

Instructor: Diane Capurso

This is dance fitness with lots of fun. Some light kick boxing, line dancing, and weights will be used. Also infused into this cardio dance combo is the Latin/International rhythms and dance steps of Zumba.

Requirements: Bring a light volleyball size ball, mat or towel, and 1-5 lb weights.

Dates: 6 Fridays, starting May 6

Time: 9:30 - 10:30 am

Location: Cola Center at Untermyer Park
945 North Broadway

Fee: \$57 for 6 classes, Non-residents \$87

NEW

Shaun V Fitness Camp

Instructor: Shaun Vernon

Let us strive to push yourself to reach your personal goals! Battle ropes, wall balls, ball slams, kettle bells and more are some of the tools used to create an awesome one-hour workout! Working as hard as we can to be healthier and stronger with every class!

Dates: 5 Mondays & 5 Fridays
starting April 18

Time: 6:30-7:30pm

Location: Coyne Park
777 McLean Avenue

Fee: \$95 for 10 classes, Non-residents \$125

Tennis

Instructor: Max Sanchez & Jon Lee

Beginners will learn forehand and backhand, strokes, serving, volleying, rules, and tennis etiquette. Intermediates learn court strategies and ground strokes. **Requirements:** Wear sneakers and bring a tennis racquet.

Dates: Mondays or Wednesdays,
starting on April 18

Level/Time: Beginner – 6:00 - 7:30 pm
Intermediate – 6:00 - 7:30 pm

Location: Kinsley Park
Park Avenue & Chase Avenue

Fee: \$95 for 10 classes, Non-residents \$125

See registration details on page 7



AQUATICS SPRING SESSION

StarBabies™

(Adult & Infant ages 6 months - 18 months)

Days: 8 Fridays, starting April 22

Time: 6:15 - 6:45 PM

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: \$100 Non-residents: \$140

StarTots™

(Adult and Toddler ages 18 months - 48 months)

The purpose of the StarBabies and StarTots course is to develop in very young children a high comfort level in the water while at the same time training the adults who accompany them in water safety and drowning prevention. This course does not teach children to become accomplished swimmers or to survive in the water; it does provide a confidence-building, fun, and loving experience. One adult must be in the water with each child. Swim Diapers required.

Days: 8 Fridays starting April 22

Time: 6:45 - 7:45 PM

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: \$110 Non-residents: \$140



Starfish Swim School® for Preschoolers (Ages 3 and 4)

Designed to meet the needs of children ages 3 & 4, this course will develop a high comfort level in the water and a readiness to swim and for those children who are developmentally ready, it will teach functional swim skills. This teaches swimming through creative, fun activities in the water. Students work toward developing the five competencies and progress toward achieving the benchmarks at their own pace in a small-group setting.

Days: 8 Mondays, starting on April 18
8 Tuesdays, starting on April 19
8 Wednesdays, starting on April 20
8 Thursdays, starting on April 21
8 Saturdays, starting on April 30

Time: Monday 6:05 - 6:35 pm
Tuesday 6:05 - 6:35 pm
Wednesday 6:05 - 6:35 pm
Thursday 6:05 - 6:35 pm
Saturday 11:00 - 11:35 am

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: \$120, Non-residents: \$150



AQUATICS

Starfish Stroke School®

This course is for students of all ages who have achieved the Green Stroke School benchmarks. Students refine freestyle and learn stroke technique for backstroke, butterfly, breaststroke, and develop endurance.

Stages are as follows: White, Red, Yellow, Blue, and Green. All participants **MUST PASS** Swim School Green in order to register for stroke school OR have been water tested.

Please look at class description on registration website for start dates.

Location: Mark Twain Pool
Yonkers Montessori Academy
160 Woodlawn Avenue

Fee: \$120, Non-residents: \$150

Starfish Swim Clinic™

This course is for students of all ages who have achieved the Green Stroke School benchmarks. Students learn and refine the competitive strokes plus develop an understanding of basic training principles such as using a pace clock, starts and turns, and racing. This program is a great introduction to competitive swimming in a low-key environment.

Days: 8 Tuesdays starting April 19 and 8 Saturdays, starting on April 30

Time: Tuesdays: 7:05 - 7:50 PM
Saturdays: 12:00 - 12:45 PM

Location: Mark Twain Pool
Yonkers Montessori Academy
160 Woodlawn Avenue

Fee: \$150, Non-residents: \$180

Starfish Swim/Stroke School® for Teens (Ages 13-17)

This course is designed to improve comfort and skill in the water, regardless of past swimming

experience. Students work toward developing the five basic core swimming competencies using principles of adult learning. Stroke School will teach / refine all four competitive strokes.

Days: 8 Saturdays, starting on April 30

Time: Swim School - Sat., 11:00 - 11:45 AM
Stroke School - Sat., 12:00 - 12:45 PM

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: \$120, Non-residents: \$150

<p>White (Freestyle) Red (Backstroke) <i>Must pass ALL swim school benchmarks in order to register</i></p> <p>Monday W/R 6:15 - 7:00 PM</p> <p>Tuesday W/R 6:15 - 7:00 PM</p> <p>Wednesday W/R 6:15 - 7:00 PM</p> <p>Thursday W/R 6:15 - 7:00 PM</p> <p>Friday R 6:15 - 7:00 PM</p> <p>Saturday W 11:00 - 11:45 AM R 11:00 - 11:45 AM</p>	<p>Yellow (Butterfly) Blue (Breaststroke) *Green (Endurance) <i>*Must pass W/R/Y/B stroke benchmarks in order to register</i></p> <p>Monday Y 7:05 - 7:50 PM B 7:05 - 7:50 PM</p> <p>Tuesday *G 7:05 - 7:50 PM</p> <p>Wednesday Y/B 7:05 - 7:50 PM</p> <p>Thursday *G 7:05 - 7:50 PM</p> <p>Friday Y 7:00 - 7:45 PM</p> <p>Saturday B 12:00 - 12:45 PM *G 12:00 - 12:45 PM</p>
SPECIALTY COURSES	
Stroke School	Starfish Swim Clinic
If the student has achieved a GREEN Starfish Swim School Award Patch and needs to learn or refine backstroke, breaststroke, butterfly	If the student can swim 25 yards freestyle with side breathing, needs to build endurance and wants to learn turns, starts, and swim team training techniques
SIGN UP FOR STROKE SCHOOL	SIGN UP FOR STARFISH SWIM CLINIC

AQUATICS

Recreation Open Swim

Open recreation swim. All parents must accompany children in water.

Dates: 8 Fridays, starting April 22

Time: 8:00 - 9:30 PM

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: Adult \$65 Child \$35
Non-residents: Adult \$80 Child \$50

Evening Lap Swim

Work out or leisure swim at your own pace. Must circle swim if more than two persons in a lane.

Dates: 8 weeks, starting April 18

Times: Mon./Wed./Fri. 8:00 - 9:30 PM
Tues./Thur. 8:45 - 9:45 PM

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: \$108 Non-residents: \$138

Aqua Zumba®

Integrating the Zumba® philosophy with traditional aquatic fitness disciplines, Aqua Zumba® blends it all together for a great fun workout. Just add water! Be prepared to workout!

Dates: 8 Thursdays, starting April 21

Time: 8:00 - 8:45 PM

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: \$120 Non-residents: \$150

Deep H2O Aqua Fit

Enjoy fabulous exercise in deep water with emphasis on lower body. Buoyant/resistance equipment provided or bring your own! You must be comfortable in the deep end of the pool.

Dates: 8 Wednesdays, starting April 20

Time: 8:00 - 8:45 PM

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: \$120 Non-residents: \$150

Golden Years Aqua Fit

Low impact aquacise for the young at heart. Water truly heals the body and soul! Age: 55+

Dates: 8 Saturdays starting on April 30

Time: 10:00 - 11:00 AM

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: \$75 Non-residents: \$90



AQUATICS SPRING MINI SESSION



Starfish Swim/Stroke School® for Teens (Ages 12 -17)

This course is designed to improve comfort and skill in the water, regardless of past swimming experience. Students work toward developing the five basic core swimming competencies using principles of adult learning.

Dates: 8 Staurdays, starting April 30

Time: 12:00 - 12:45 PM

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: \$120 Non-residents: \$150

Starfish Swim School® for Adults (Ages 18+)

This course is designed to improve comfort and skill in the water, regardless of past swimming experience. Students work toward developing the five basic core swimming competencies using principles of adult learning.

Dates: 8 Tuesdays, starting April 19 or
8 Saturdays starting April 30

Time: Tuesdays 8:00 - 8:45 PM
Saturdays 11:00 - 11:45 AM

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: \$120 Non-residents: \$150

Yonkers Condors Swim Team

Yonkers Tsunami Competitive Swim Team has joined forces with the Westchester Condors to become part of USA Swimming year round. For more details and registration information, please visit www.condorsswimming.com.

STARGUARD™ Lifeguard Training

Starfish Aquatic Institute (SAI) participants must successfully complete lifeguard training, first aid, AED, and CPR, STARGUARD™. Certification is equivalent to lifeguard certification from American Red Cross, YMCA, Ellis & Associates, and NASCO. Must be 16 years old by completion of course. Please register online at <https://register.communitypass.net/yonkers> for upcoming course information.



EDWARD J. MURRAY MEMORIAL SKATING CENTER

(914) 377-6469 • 348 Tuckahoe Road • Yonkers, NY 10710



Ice Skating

September through April. Ice Skating and Ice Hockey Programs for all ages and skill levels. Registration begins in August 2022. The 2022-2023 season begins mid September 2022.

Public Roller Skating

Fridays 8:00 - 10:00 PM
June 17 – Aug. 19, 2022
General Admission \$11.00
Skate Rental \$6.00. Birthday parties welcome!

Roller Skating Outings

June through August - Arrange a roller skating outing for your group or organization.
Birthday parties welcome! Skate rentals available.

Floor and Roller Hockey - YHL

Full teams or individual players may join our Adult Floor Hockey or Roller Hockey Leagues. Please call for more information.

Skate Park

Skateboarders welcome! Please visit Yonkers one and only skate park. The park is located adjacent to the entrance of E.J. Murray Memorial Skating Center. Opened every day from 8 AM to Dusk; weather permitting. For more information, please call 377-6469.

Rock 'n Rods Car Cruise

Begins Wednesday, in May. Join us every Wednesday from 6:00 - 9:00 PM. View the hottest vintage cars and street rods in Westchester.

Annual Ice Skating Show



FREE ADMISSION
Saturday, April 30, 3:00 PM



PROJECT FRIENDSHIP

Project Friendship is a group oriented program for ages 5 and above with developmental disabilities. Please note all participants need to be interviewed by Recreation Supervisor. We do not offer 1:1 services for participants of the program. If your child needs additional support you are required to attend and interact with them. For all school aged/workshop participants an Individual Evaluation Plan and/or Individual Service Plan is required for acceptance into the program. We encourage all participants to have OPWDD eligibility. The City of Yonkers is a waiver program. All participants must be toilet trained. Please call (914) 377-6438 with any questions. Fees (per participant): Yonkers Residents \$175. Non-residents \$360. Any group home individual \$335. Please note: There will be an additional fee for bowling and some special events planned during the course of the year. Please note - if the participant is on the Medicaid waiver an ISP addendum and an approval letter needs to be submitted. No admission or readmission to this program is final until determined by the Parks Department.

ART THERAPY

Participants learn about self expression and creative arts during the fun-filled hour. Activities include: painting, crafts and sculpting.

Age: Children and Teens

Day: Program meets twice a month on Saturdays

Time: 2:00 – 3:00 pm

Location: Bronx River Road Community Ctr.
680 Bronx River Road

DELIGHTFUL DINING

Enjoy a wonderful hour of simple but delicious food and etiquette. This will definitely be a program all will enjoy.

Age: Children and Teens

Date: Program meets twice a month-first and third Saturdays

Time: 2:00 – 3:00 pm

Location: Bronx River Road Community Ctr.
680 Bronx River Road

HERO TENNIS

This program is designed to promote a participant's coordination and agility skills.

Age: Children, Teens, Teens and Adults

Days: Program meets weekly on Saturdays

Time: 11:00 – 12:00 pm

Location: Bronx River Road Community Ctr.
680 Bronx River Road

MUSIC THERAPY

Participants will use music to explore and improve physical, psychological, cognitive and social functioning

Age: Children and Teens

Day: Program meets twice a month every other Saturday

Time: 2:00 – 3:00 pm

Location: Bronx River Road Community Ctr.
680 Bronx River Road

SPECIAL OLYMPICS

Supervised sports instruction will be offered to participants who meet eligibility requirements for the Westchester/Putnam Special Olympics. The program is offered to Teens and adults during the months of October through mid-May.

Age: Teens and Adults

Day: Saturdays

Time: 9:00 – 11:00 AM

Location: Montessori 11 Gym
160 Woodlawn Avenue

STORYTELLING

Join us as we read our all-time favorite stories! Parents and participants are encouraged to bring in stories as well!

Age: Children and Teens

Day: Saturdays

Time: 12:30 – 1:00 pm

Location: Bronx River Road Community Ctr.
680 Bronx River Road

THEATRE WORKSHOP

Learn the wonderful craft of drama, self-expression and miming.

Age: Children and Teens

Day: Program meets twice a month on Saturdays

Time: 12:30 – 1:00 pm

Location: Bronx River Road Community Ctr.
680 Bronx River Road

YOUNG ADULTS CLUB

A social program for developmentally disabled Teens through adult years. Activities include: going to the movies, dine-outs, dance therapy, exercise, entertainment, art, dancing and much more.

Age: Teens and Adults

Day: Tuesdays

Time: 6:00 – 7:30 pm

Location: Bronx River Road Community Ctr.
680 Bronx River Road

ZUMBA

This fabulous program promotes self-esteem, morale and worth for all who attend. This motivational program will benefit all that attend.

Age: Children and Pre-teens

Day: Program meets twice a month on Fridays

Time: 1:00 – 2:00 pm

Location: Bronx River Road Community Ctr.
680 Bronx River Road

A multitude of special event activities will be planned throughout the year. For additional information please call 377-6438.

PLEASE NOTE: Project Friendship programs begin the second week in October.



SENIOR CITIZEN RECREATION

The Yonkers Senior Centers are located throughout the city. Senior Citizen Recreation is free for all Yonkers residents 60+ years and \$25 per year for Non-residents. Each Senior Center is completely different. When visiting a Senior Center ask to see the Leader. The Specialist Programs are free recreation classes including fitness and artistic classes. This program is open to residents 60+ years. Registration is not required. Simply drop in and take a class.

For more information on our senior programs, classes, and events call 377-6442.

SENIOR GROUP #2

Grinton I. Will Library - Senator Flynn Room

1500 Central Park Avenue

Phone: 337-1500, press 348

Monday – Friday 12:30 – 4:30 pm

This site is in a small room which allows for a coffee hour, card playing and Mahjong.

SENIOR GROUP #3

Bernice Spreckman Community Center – 777 McLean Avenue (TEMPORARILY CLOSED)

Phone: 377-6472

Monday – Friday 12:00 – 4:00 pm

This is a multi-room site which allows for many different activities: billiards, bingo, sing-along, sewing and crafts, card playing, movies, exercise, yoga, line dancing, shuffleboard, bocce, intergenerational program, coffee hour and organized parties.

SENIOR GROUP #4

Charles Cola Community Center – 945 North Broadway

Phone: 377-6483

Mondays, Wednesdays, and Fridays 12:30 – 4:30 pm

This site offers arts and crafts, bridge, bingo, card playing, drawing, and many parties.

SENIOR GROUP #7

Homefield House – 911 Saw Mill River Road

Phone: 377-6479

Tuesdays and Fridays 11:30 am – 4:30 pm

This site offers bingo, card playing, watercolor painting classes, and parties.

SENIOR GROUP #8

Runyon Heights Community Center – 21 Runyon Avenue

Phone: 969-2733

Wednesdays 11:30 am – 4:30 pm

This site offers card playing, Tripoly, exercise, bingo, and parties.

SENIOR GROUP #10

Bronx River Road (Scotti) Community Center –

680 Bronx River Road

Mondays – Fridays 11:30 – 3:30 pm

Phone: 377-6486

This site offers bingo, card playing, exercise, arts and crafts and parties. *Lunch program available through Office for the Aging, call 377-6822.

SENIOR GROUP #12

Nodine Hill Community Center – 140 Fillmore Street

Phone: 377-6475

Mondays – Fridays 12:00 – 4:00 pm

This is a multi-room site which offers: billiards, bingo, card playing, exercise, yoga, line dancing, watercolor, bocce, computer classes, and a coffee hour.

SENIOR GROUP #15

Nepperhan Community Center – 342 Warburton Avenue

Phone: 965-0203

Tuesdays and Thursdays 12:00 – 4:00 pm

This site offers Pokeno, Tripoly, exercise and crafts.

*Lunch program available through Office for the Aging, call 377-6822.

SENIOR GROUP #16

Our Lady of Fatima – 5 Strathmore Road

Phone: 255-4269

Mondays and Tuesdays

12:00 – 4:00 pm

This site offers Mahjong, art, and exercise classes



SENIOR CITIZEN RECREATION



Bingo is held at the various senior centers and open year round to Yonkers Residents 60 years and older. Bingo schedule subject to change. Please call ahead center to confirm schedule.

TUESDAY

Nodine Hill Community Center

140 Fillmore Street
1:00 PM
377-6475

Homefield House

911 Saw Mill River Road
1:00 PM
377-6479

WEDNESDAY

Nodine Hill Community Center

140 Fillmore Street
12:30 PM
377-6475

Runyon Heights Community House

21 Runyon Avenue
1:00 PM
969-2733

[once a month usually the 3rd Wednesday of the month]

FRIDAY

Bronx River Road Community Center*

680 Bronx River Road
1:00 PM
377-6486

* There is also bingo before the 12:00 noon lunch program. Lunch program available through Yonkers Office for the Aging. For information please call 377-6822.



SENIOR CITIZEN RECREATION

HEALTH & WELLNESS

Registration is free! Please register in person on the first day of the class. We reserve the right to cancel any class due to lack of enrollment. Inclement weather? Call the hotline (914) 377-6454 one hour prior to the scheduled class or center opening. For more information on Senior Programs please call (914) 377-6442.

MONDAYS

ZUMBA

Instructor: Rufus Gibson
9:30 - 10:30 AM, April 4 - May 23
Nodine Hill Community Center
140 Fillmore Street

YOGA

Instructor: Gabriel Cruz
12:15 - 1:15 PM, April 4 - May 23
Bronx River Community Center
680 Bronx River Road

YOGA

Instructor: Gabriel Cruz
1:30 - 2:30 PM, April 4 - May 23
Our Lady of Fatima
5 Strathmore Road

YOGA

Instructor: Gabriela Cruz
2:45 - 3:45 PM, April 4 - May 23
Nodine Hill Community Center
140 Fillmore Street

TUESDAYS

EXERCISE

Instructor: Cathy McMahon
11:00 AM - 12:00 PM, April 26 - May 24
Nepperhan Community Center
342 Warburton Avenue

WEDNESDAYS

TAI CHI

Instructor: Alex Lamas
10:00 - 11:00 AM, April 6 - May 25
Nodine Hill Community Center
140 Fillmore Street

ACTIVE HEALTHY HEARTS

Instructor: Kim Caso
12:00 - 1:00 PM, April 6 - May 25
Charles A. Cola Community Center
945 North Broadway

THURSDAYS

SILVER STARS WALKING AND EXERCISE

Instructor: Keith Fields
10:00 - 11:00 AM, April 14 - May 26
Tibbetts Brook Park - Meet in Gazebo closest to the entrance parking lot. The program combines walking, exercise and socializing for one hour. Walk at your own pace with the group and make some new friends!

FRIDAYS

EXERCISE

Instructor: Cathy McMahon
12:15 - 1:15 PM, April 1 - May 27
Charles A. Cola Community Center
945 North Broadway

TAI CHI

Instructor: Alex Lamas
10:00 - 11:00 AM, April 1 - May 27
Nodine Hill Community Center
140 Fillmore Street



SENIOR CITIZEN RECREATION

ART & DANCING

TUESDAYS

LATIN MIX DANCING

Instructor: Ike Leong
11:30 AM - 12:30 PM, June 7 - June 28
Homefield House
911 Saw Mill River Road

THURSDAYS

LATIN MIX DANCING

Instructor: Ike Leong
10:30 AM - 11:30 PM, June 2 - June 30
Nodine Hill Community Center
140 Filmore St.

FRIDAYS

LINE DANCING

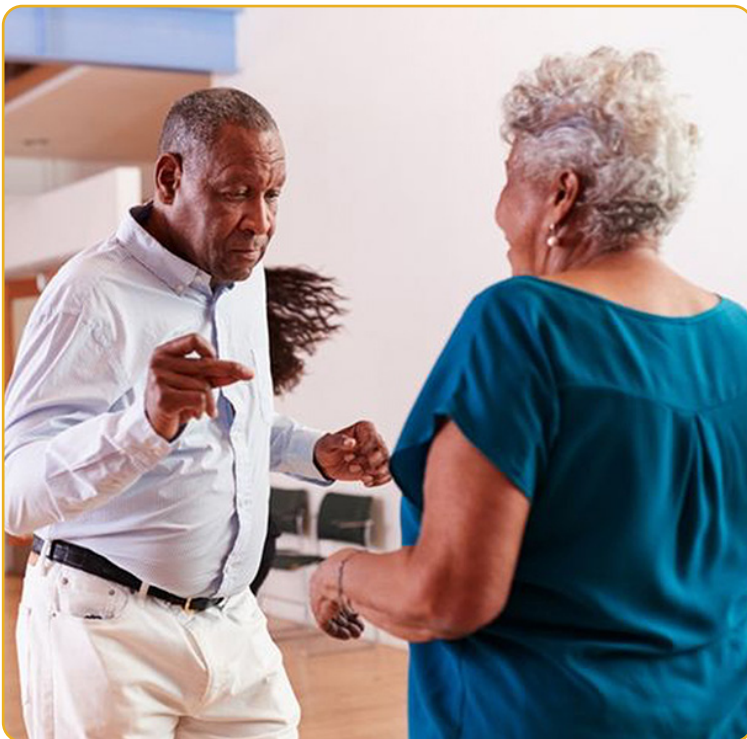
Instructor: Diane Capurso
10:45-11:45, Intermediate
February 18 - June 17 (No classes Feb. 25, March 18, April 15 & 29)
(Must pre-register online or by phone)
Charles A. Cola Community Center - Indoor/outdoor
945 North Broadway

MORE LINE DANCING

Instructor: Diane Capurso
12:15 - 1:30 PM, Advanced
February 18 - June 17 (No classes Feb. 25, March 18, April 15 & 29)
Nodine Hill Community Center - Indoor
140 Filmore Street

THE ART OF SKETCHING WITH DIANA CAPASSO

Instructor: Diane Capasso
A drawing course for all those in search of developing their creative drawing process. Explore your creativity and learn with the most creative professionals.
1:00 - 2:00 PM
Mondays and Wednesdays, February 7 - MAY 25
WebEx
Meeting Number 2634 550 4454
Password: Welcome



SENIOR CITIZEN RECREATION

Brain Games

Instructor: Maryl Turchi, published author

Bring a notebook or pad, pen and a friend. Develop your writing skills. Inspiration will come from objects, photos, paintings and questions such as: "I really like it when . . . , My guilty pleasure is. . . ."

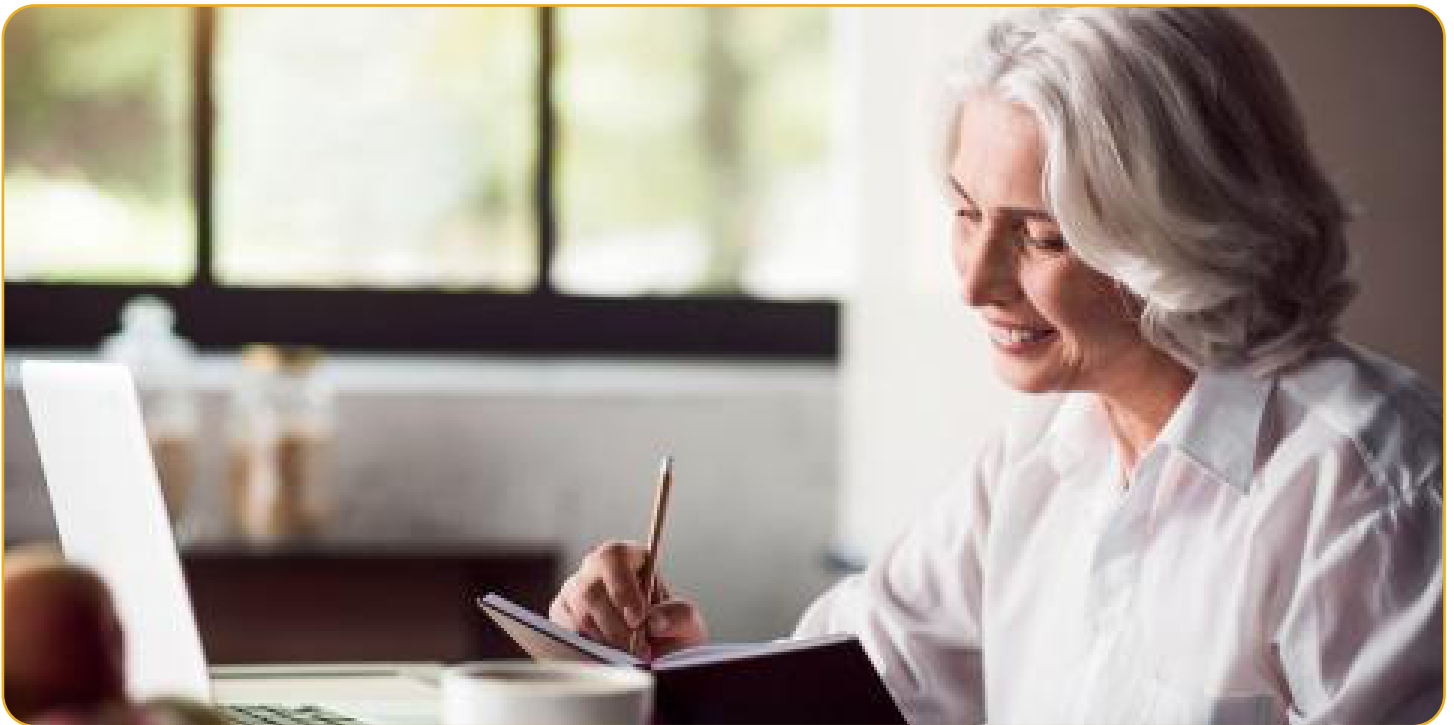
Each 1-hour free class is self-contained so come to one, a few, or all. 2 locations – come to one or both!

WEDNESDAYS

Charles A. Cola Community Center
945 North Broadway

Dates: April 3 - May 25

Time: 1:00 - 2:00 PM



COYNE PARK RIFLE & PISTOL RANGE

**771 McLean Avenue
Yonkers, NY 10704
(914) 377-6488
www.coyneparkrange.net**

The Coyne Park Range is an indoor shooting range conveniently located in southeast Yonkers. A public range welcome to all recreational shooters and law enforcement personnel. If you haven't yet taken the initial step, come join us, and see what you've been missing. Our range accommodates all handgun calibers, as well as .22 caliber rifles, and carbine rifles chambered for standard handgun ammunition (no magnum rounds permitted for any firearms at this time).

Hours of Operation

Monday, Wednesday & Thursday: 4:00 - 9:00 pm

Friday: 11:00 am - 9:00 pm

Closed on Tuesday, Saturday & Sunday

subject to change

Residents \$20 per hour, Non-residents: \$25 per hour

Yearly memberships available, Residents \$300, Non-residents \$375

Eye and Ear Protection: \$3 each

Rifle Rental: \$75 per person plus cost of ammunition,
includes eye and ear protection, instruction, and one hour admission.

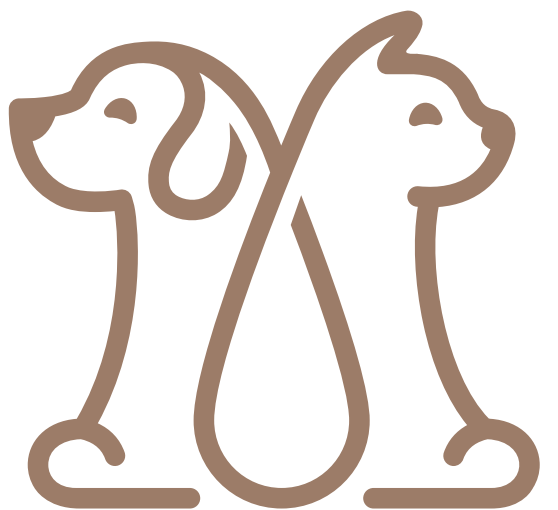
NRA First Steps

Our National Rifle Association (NRA) First Steps Pistol and Rifle courses are for people who own a firearm. This course is offered by appointment only and typically involve one-on-one instruction.

Pistol Safety Course Special

Fee: \$175 for Residents and Non-residents. Everyone must pre-register. **Range membership:** \$150 for Yonkers Residents, \$375 for Non-residents. Please call (914) 377-6488 for class information.





YONKERS ANIMAL SHELTER

**1000 Ridge Hill Boulevard
Yonkers, NY 10710
(914) 377-6730**

Hours of Operation

11:00 am to 4:00 pm

Adoption fees: Cats \$65 • Dogs \$80

Interested in adopting?

We are always in search of new homes for all of our wonderful pets, both cats and dogs. These animals are asking for a chance to show you their affection and love. If you are interested in a pet, please consider meeting our beautiful animals. A staff member is available to discuss our adoptable animals with you. Potential adopters are required to fill out our preadoption form, which can be done at the shelter.

Adoptions include:

Spaying and neutering
Distemper shot
De-worming
Rabies shot
Dog License
and a free examination with
a participating veterinarian





Yonkers Youth Bureau

285 Nepperhan Avenue | Yonkers, NY 10701

914.377.6443

youthbureau@yonkersny.gov
www.yonkersny.gov/youthbureau



MAYOR MIKE SPANO



The newly reinstated Yonkers Youth Bureau's mission is to serve Yonkers youth and their families through community development, advocacy, and prevention, strengthening the overall community. The Yonkers Youth Bureau will work to educate youth and their families with a focus on wellness, mental health awareness, career development, and other critical life skills to develop youth into productive members of the community.

Follow us today:



yonkersyouthbureau





ARE YOU INTERESTED IN A CLASS FOR...

PICKLEBALL

For Adults 377-6439



VOLLEYBALL

For Adults 377-6439, For Children 377-6444



CPR & EMERGENCY PREPAREDNESS

Please call 377-6439





RETURNING IN 2022

SEPTEMBER 18, 2022



cityofyonkers
mayormikespano



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cityofyonkers



@cityofyonkers914



City of Yonkers
Department of Parks, Recreation & Conservation
285 Nepperhan Avenue Yonkers, New York 10701

www.yonkersny.gov
register.communitypass.net/yonkers